



Mark S. Sanders, M.D.

Sanders Clinic for Orthopaedic Surgery and Sports Medicine
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Dr. Mark Sanders is an orthopaedic surgeon with more than 20 years of experience and one of the highest success rates in his field. Specializing in shoulder and knee injuries, he opened the Sanders Clinic over a year ago and is today sought by young athletes from across the United States.

With an unconventional approach to injuries and a reconditioning program unique to his clinic, Dr. Sanders has helped hundreds of athletes avoid unnecessary surgery. And his advanced arthroscopic surgery and ACL reconstructions have given those sustaining serious injury another chance – with nearly all ACL patients returning to sports by three months, not a year, after surgery.

As an athlete and avid sportsman, Dr. Sanders' advice also deviates from the conventional. He understands the passion that drives many of his patients. His goal is to get them back ... even better.

"I never tell my patients to stop doing what they love. I want my motorcyclists to get back on their bikes, and I want my football players back in the game," says Dr. Sanders. "My patients like that I share their interests. I like skiing and off-road motorcycling. The snowboard is next. If you're unable to do the things you enjoy, you're living a poorer quality of life – injuries don't have to affect you in this way."

Specialty: Orthopaedic surgeon specializing in knee and upper extremity injuries

Education: SUNY at Brooklyn, M.D. 1981 (Cum Laude); SUNY at Buffalo, B.A. 1977 (Summa Cum Laude, Phi Beta Kappa)

Certification: American Board of Orthopaedic and Neurological Surgery 1989; Last Recertified, 2004

